Upper School Activities

3rd Trimester March 12th – May 20th 2018

It seems so fast but already our spring season of Activities is upon us. Please find details below of the Activities on offer to our Upper School students.

Students should sign up for sports on the school net activities page. Many of our non sporting activities are year round so please email the advisor directly if you wish to join.

Although the activities trimester runs through March 12th – May 20th some activities have irregular schedules. For more information on these please check the description or consult with the advisor.

If you have any questions please drop into the Activities Office or contact our Activities Director Joe Monks jmonks@isp.cz

WEEK AT A GLANCE

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Girls Softball</td>
<td>**Earth Club</td>
<td>Girls Softball</td>
<td>Model United Nations</td>
<td>Girls Softball</td>
</tr>
<tr>
<td>Boys Softball</td>
<td>Robotics</td>
<td>Boys Softball</td>
<td>Yearbook</td>
<td>Boys Softball</td>
</tr>
<tr>
<td>Girls Tennis</td>
<td>Jazz Combo</td>
<td>Girls Tennis</td>
<td>**NHS</td>
<td>Girls Tennis</td>
</tr>
<tr>
<td>Boys Tennis</td>
<td>Speech and Debate</td>
<td>Boys Tennis</td>
<td>**ISPAA</td>
<td>Boys Tennis</td>
</tr>
<tr>
<td>Art Studio Time</td>
<td>Choir</td>
<td>**Community Service</td>
<td>**Heart for Help</td>
<td>Swimming</td>
</tr>
<tr>
<td>**STUCO</td>
<td></td>
<td>**The Falcon Post</td>
<td>Adv. Swimming</td>
<td>**Spectrum</td>
</tr>
<tr>
<td>**Duke of Edinburgh</td>
<td>**Chess Club</td>
<td>**US Choir Lunch</td>
<td>++Kung Fu</td>
<td></td>
</tr>
<tr>
<td>International Award</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Drama Performance</td>
<td>Drama Performance</td>
<td>Amnesty International</td>
<td>Drama Performance</td>
<td>**Cater Prague</td>
</tr>
<tr>
<td>**Engineering Club</td>
<td>Drama Performance</td>
<td>Drama Performance</td>
<td>Drama Performance</td>
<td>**Creative Writing</td>
</tr>
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<td></td>
<td></td>
<td></td>
<td></td>
<td>**Engineering club</td>
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</tbody>
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Note CEESA Band Practice will be at various times throughout the week including lunchtimes and after school depending upon individual schedules
**Kung Fu**
Training Days: Fridays 4-5pm in ES Gym
Start Date: March 16th
There is an associated fee with this activity, please contact Master Quang directly for registration
Contact: Master Quang quangkungfu70@gmail.com

**Art Studio Time**
Meeting Days: Mondays 3-4.30pm.
Start Date: Start of season
No sign up required this is a drop in activity and is an opportunity for art students to hone their skills
Advisor: Christine Robson crobson@isp.cz

**The Falcon Post.**
The Falcon Post is an informed and up to date publication detailing the goings on in the school. It is a student run activity that needs journalists, photographers and publishers.
Sign up: Upper School Bulletin
Advisor Lynn Rivard lrivard@isp.cz

**Robotics**
Days: Tuesdays and Fridays 3.15 – 4.45pm
Start Date: March 13th
Our Robotics Team meet twice a week after school and we send a representative group to participate in the FIRST (For Inspiration and Recognition of Science and Technology) Robotics Tech challenge
Sign up via bulletin
Coordinators: Igor Popstefanijaipopstefanija@isp.cz
Derek Druce ddruce@isp.cz
Tennis
Training: Mondays, Wednesdays, Fridays 4-5.30
Start Date: March 14th.
Bring: Appropriate sportswear and Tennis Racket
Sign up: via bulletin
Boys Head Coaches: Jesus Alemany jalemany@isp.cz, Derek Druce
Girls Head Coach: Janice Woodard janicewoodard@hotmail.com

Softball
Training: Mondays, Wednesdays, Fridays 4-5.30 (times and venues vary)
Start Date: March 14th.
Bring: Appropriate sportswear and Softball Glove
Sign up: via bulletin
Girls Head Coach: Mike Lewis mlewis@isp.cz, Mike Morrison mmorrison@isp.cz
Boys Head Coach: Daniel St.James dsaintjames@isp.cz

The International Award
(formerly known as the Duke of Edinburgh Award)
meets on first Monday in month. Doing DofE can be a life-changing adventure. On the way, you will do your own exciting and challenging programme of activities to help reach your full potential. More info and contacts found here:
http://ispactivities.wix.com/dofe

Swimming
Training:; Friday 4-5.30
Start Date: March 23rd.
Bring appropriate swim wear, kickboard and fins.
Sign up: via bulletin
Head Coach: Jason Bell jbell@isp.cz
Model United Nations
Meetings: Thursdays 3.15-4.30.
MUN is an academic simulation of the United Nations that aims to educate participants about current events, topics in international relations, diplomacy and the United Nations agenda.
Students role play countries and attempt to represent their views in formal debate of international issues. Our MUN group meets once a week after school to discuss relevant topics and to prepare for MUN conferences. Sign up via bulletin from August ADVISORS:
Dan Lamken: dlamken@isp.cz
Jenny Snively: jsnively@isp.cz

ISP Activities Association (ISPAA)
Meeting Days: Thursday Lunchtimes
Start Date: March 15th
The ISPAA is a student led organisation that helps plan, organise and keep our community and Alumni up to date on the student activities at ISP. Follow them on the ISPAA facebook page.
Sign up: via bulletin
Coordinator Lily Lee and Ashley Seymour

Earth Club
Earth Club meet Tuesdays at lunch and address environmental issues such as recycling, consumerism, food and energy issues, and organize the Earth Fair.
Meet in Ms. McLain’s Biology Room 241
Advisor: Karen Ercolino kercolino@isp.cz and Ms McLain mmclain@isp.cz

Community Service Club
Meeting Days: Wednesday lunchtimes
Start Date: Wednesday November 22nd - Blue ‘Room
Community Service Club is a group of service-minded students who like to create a sense of community in ISP and in Prague. School projects may involve sponsoring events and creating ways to acknowledge and thank our non-teaching staff. Prague projects include planning and taking homeless walks, running clothes drives for the city’s homeless people, and walking dogs at a local animal shelter. Sign up via bulletin.
Contacts: Leanne Fleming lfleming@isp.cz
Lynne Evans levans@isp.cz
Madeleine Cox mcox@isp.cz
**US CEESA Choir**

In CEESA Choir we learn pieces of music and perform them together with other CEESA schools at one main event. This is not competitive in any way and is open to all who enjoy singing or who would like to explore singing further.

Meeting Days: Tuesdays 3.15 - 4.15 pm  
Start Date: March 6th  
Venue: Mr Allen’s Music Room  
Advisors: Rebecca Hyzl & Kenny Allen  
rhyzl@isp.cz

**Speech and Debate**

Speech and Debate meet once a week after school and are involved in competitions around the region. We participate in events hosted by the Central Eastern European Schools Association (CEESA), the New European Speech Debate and Acting Association (NESDA) and also locally hosted events.

Head Advisor: Laura Bradshaw  
lbradshaw@isp.cz

**Chess**

Meeting Days: Wednesday Lunchtimes  
Start Date: March 14th  
Come and practice, learn and play Chess. It takes a strategic individual to come to chess club.  
Advisor: Dan Lamken,  
dlamken@isp.cz
**STUCO (Student Council)**
Meeting Days: Monday lunch time in Rm 238
The Upper Student Council (STUCO) is a student led organisation representing the student body and their opinions. The purpose of STUCO is to help organise student life at ISP, serve as a forum for student opinion, provide a channel for suggestions to the school administration, and support the student body in many ways, such as funding their personal or CAS projects. The student council is comprised of enthusiastic students, two elected representatives from each grade, in addition to elected officers (President, Secretary, head of Finance and Head if Logistics).
Website: [https://sites.google.com/a/isp.cz/stuco/home](https://sites.google.com/a/isp.cz/stuco/home)
Advisors: Nina Horakova nhorakova@isp.cz, Catherine Morrison cmorrison@isp.cz

Amnesty International Club
Meeting Days: Wednesdays
Start Date: March 14th
As a member of Amnesty International you are part of a community of people who make a difference, and who care about dignity, solidarity, and justice. You are a part of a movement that gives hope to the human rights defenders that inspire us, and together we change the world.
Advisor: Ms Leanne Fleming lfleming@isp.cz

Jazz Combo
Meet: Tuesdays 3.15 to 4.45
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High School Jazz Combo is your chance to make your music, improvising in the moment to say what you want to say! You need to have at least two years of playing experience or permission from the band director. If you’re more advanced in your skills, we’ll challenge you to grow further. If you’re less advanced we’ll give you space and instruction to grow as an improviser. Any instrument is welcome! Sign up online or email our Director: Mike Perry mperry@isp.cz
Yearbook
Meeting Days: Thursdays 3.15-4.45pm.
Start Date: March 15th
Advisor: Mike Lewis mlewis@isp.cz

Get involved in the school's biggest and best publication.
Sign up via the bulletin.

** NHS
Meeting Days: Thursday Lunch.
Start Date: March 15th
The NHS is an international organization dedicated to the academic, personal and interpersonal growth of young individuals. Our chapter of the NHS works primarily to plan projects, raise awareness, and bridge the separate sections of our school into a cohesive and interactive community.
Advisor: Veronica Rifflé vriffle@isp.cz

** Spectrum
Meeting Days: Fridays Lunchtime
Start Date: March 16th
SPECTRUM is an ISP student-run club that aims to provide a safe space to explore issues surrounding sexuality, deepen understanding of the experiences of others, and raise awareness of the individual and collective injustices that confront many in our society. More information via Bulletin.
Advisor: Elizabeth Perry eperry@isp.cz

** Cater Prague
Meeting Days: Fridays Lunchtime
Start Date: March 16th
Cater Prague is a non-profit organization established at the International School of Prague to assist the homeless and the hungry.
Advisor: For more info please contact: Sophia Lobkowicz 40002@isp.cz
Engineering Club
Days: Monday Lunch and Friday 3:15 - 4:45pm
Engineering Club has meetings twice a week, every Monday lunch and Friday after school in the Idea Lab. It is a student-led, collaborative club that primarily focuses on independent engineering projects. You don’t need any special experience to join - just be interested in making things.
Sign up via bulletin, or just show up
Advisor: Elizabeth Perry eperry@isp.cz

IHEART for HELP
Supporting Jordan Hattar’s organization, Help4Refugees, we will be working on projects to support the refugee crisis from as many different perspectives as possible alongside Jordan, and work on developing a relationship with some of the residents at a refugee camp on the border of Jordan and Syria. We will be doing a lot of collaborative projects and will always be looking for new ways to help. Please join if you are interested in helping the cause!
Coordinators: Moira Strebel (mstrebel@isp.cz), Ayushi Uniyal (102367@isp.cz), and Matthew Hayes (mhayes@isp.cz)
Venue: Thursdays during lunchtime in Ms. Michalsky's room every other week.

Creative Writing Club
With a weekly prompt we will be hosting Creative Writing competitions. Various activities, sharing of stories and writing skills will take place during the club. Stories can be submitted to the Falcon post, make it to our e-book or even be used as an addition to your resume.
Coordinator: Mariam Mansuryan 102602@isp.cz
Venue: Mr. Lamken’s Room Friday lunchtimes

Geocaching Club
Every Friday after school
> Supervisor: Mr.Popstefanija
> To contact: Nikita Chistov (101689@isp.cz), Mikhail Gogol (102118@isp.cz)
> CAS opportunity: activity, creativity (3D-designing geocache containers), service (taking care of environment, collecting trash in the area)
ISP Snapchat

ISP is getting their first ever Snapchat account which will be run by upper school students. We will be meeting once a week during lunch to manage and plan what will be shared on the story. Further information about meeting times, etc will be announced later.

Business Club

The Business Club is a new club that has started this year itself. The main idea of the Business Club is to give students of ISP’s Upper School the chance to explore their passion for business by inviting many successful business leaders (many from the ISP community itself), learning about their business, their challenges and what makes them successful. Before meeting with the business leaders, students get the opportunity to think about their own ideas, and think about their meetings with the successful business leaders. By meeting with various business leaders, the business club hopes for students to be inspired, excited and motivated to pursue their passion of business! Coordinator Anagat Sharma 102066@isp.cz

Latin Club

We have a Latin Club every Thursday from 3:15 pm to 4 pm. It is lead by Marek Mican (a Grade 11 student) and Mr Bohat. We focus on the Latin Language and its linguistic legacy in European cultures.

Contact Mr. Bohat rbohat@isp.cz

Spring Drama Performance

Days: Mondays/Wednesdays 3.15 – 5.00pm as well as some Saturdays closer to the performance date.

Director: Vicki Close vclose@isp.cz
MAJOR TRIPS AND PERFORMANCES.

Students it is important that you manage your time well and plan your activities accordingly. Do not commit to activities if you cannot meet their required attendance procedures.

A student will be allowed to be involved in tournaments or activities away from school twice in a semester. An appeal for an exception must be made to the principal and activity director.

Please use the dates below to plan your year

<table>
<thead>
<tr>
<th>Event</th>
<th>Venue</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>HS Boys &amp; Girls Football Vienna Exchange</td>
<td>ISP</td>
<td>September 29th</td>
</tr>
<tr>
<td>HS Girls Volleyball Vienna Exchange</td>
<td>Prague British School</td>
<td>October 4th from 1pm</td>
</tr>
<tr>
<td>HS Boys JV Football</td>
<td>Budapest</td>
<td>November 8-12</td>
</tr>
<tr>
<td>HS Boys Football</td>
<td>Kiev</td>
<td>November 8 - 12</td>
</tr>
<tr>
<td>HS Girls Football</td>
<td>Bucharest</td>
<td>November 8 - 12</td>
</tr>
<tr>
<td>HS Cross-Country</td>
<td>Prague</td>
<td>November 10-11</td>
</tr>
<tr>
<td>HS Boys Volleyball</td>
<td>Moscow</td>
<td>November 9-12</td>
</tr>
<tr>
<td>HS Girls Volleyball</td>
<td>Moscow</td>
<td>November 9-12</td>
</tr>
<tr>
<td>Fall Drama Production</td>
<td>Prague</td>
<td>November 22-25</td>
</tr>
<tr>
<td>HS Swim Meet</td>
<td>Warsaw</td>
<td>Dec 1-2</td>
</tr>
<tr>
<td>NESDA Speech &amp; Debate</td>
<td>Luxembourg</td>
<td>December 7-10</td>
</tr>
<tr>
<td>HS Boys and Girls Basketball</td>
<td>Vienna</td>
<td>January 19-20</td>
</tr>
<tr>
<td>HS ISTA Festival</td>
<td>Sotogrande</td>
<td>January 31 - February 4</td>
</tr>
<tr>
<td>HS CEESA Speech and Debate</td>
<td>Baku</td>
<td>February 1-4</td>
</tr>
<tr>
<td>HS Tech Robotics</td>
<td>Bucharest</td>
<td>February 8 - 11</td>
</tr>
<tr>
<td>HS Swim Meet</td>
<td>Warsaw</td>
<td>March 1-4</td>
</tr>
<tr>
<td>HS V Boys Basketball Red</td>
<td>Belgrade</td>
<td>March 7 - 11</td>
</tr>
<tr>
<td>HS V Girls Basketball Red</td>
<td>Prague</td>
<td>March 7 - 11</td>
</tr>
<tr>
<td>HS JV Girls Basketball Red</td>
<td>Bucharest</td>
<td>March 8-11</td>
</tr>
<tr>
<td>HS JV Boys Basketball Red</td>
<td>Krakow</td>
<td>March 8-11</td>
</tr>
<tr>
<td>NESDA Speech &amp; Debate</td>
<td>Berlin</td>
<td>March 16-18</td>
</tr>
<tr>
<td>HS Combined Choir/Band</td>
<td>Warsaw</td>
<td>April 18-22</td>
</tr>
<tr>
<td>HS Math</td>
<td>Kyiv</td>
<td>April 19-22</td>
</tr>
<tr>
<td>HS Boys Softball</td>
<td>Bucharest</td>
<td>May 17-20</td>
</tr>
<tr>
<td>HS Girls Softball</td>
<td>Bucharest</td>
<td>May 17-20</td>
</tr>
<tr>
<td>HS Girls Tennis</td>
<td>Prague</td>
<td>May 18 - 21</td>
</tr>
<tr>
<td>HS Boys Tennis</td>
<td>Sofia</td>
<td>May 18 - 21</td>
</tr>
</tbody>
</table>